

Moleskine Nine

----- Part A -----



ATTACKING

When the players gain possession of the ball, they have to be good at:

GIRARSI.....TURNING

CORRERE IN AVANTI.....RUNNING FORWARD

FARE MOVIMENTI CREATIVI.....MAKING CREATIVE MOVEMENTS

RIPARTIRE.....COUNTER ATTACKING

TIRARE..... SHOOTING

PROTEGGERE IL PALLONE..... SHIELDING THE BALL

FARE VELO..... MAKING A DUMMY

GIRARSI A MEZZALUNA..... SPINNING

COLPIRE DI TESTA..... HEADING

TENERE IL PALLONE..... HOLDING UP THE BALL

FAR USCIRE UN DIFENSORE..... COMING OFF A DEFENDER

DRIBBLARE..... DRIBBLING

GIOCARE A TESTA ALTA..... PLAYING WITH HEAD UP

PASSARE DI PRIMA.....ONE-TOUCH PASSING

SCAGLIONARE/SI..... SPREADING OUT

Passaggio in orizzontale, velo, controllo, taglio, tiro. Ecco una sequenza di grande effetto che, se eseguita in modo efficace, può portare scompiglio nella linea difensiva avversaria.

Il mister sta spiegando ai suoi giocatori come impostare una sequenza di giocate in fase offensiva nella metà campo avversaria.

COACH: pass square, dummy, control, pass into the box - steal in at the same time, shoot at goal. Here is a good sequence.

PLAYERS: when is the right time to make a dummy?

COACH: when you are sure there isn't any opponent between the player making the dummy and the team mate receiving the ball after the dummy.

PLAYERS: once the team mate has received the ball after a dummy, what does he have to do?

COACH: he has to control the ball and pass it immediately to a team mate stealing into the box to shoot at goal.

PLAYERS: how do the other attacking players move?

COACH: they all have to perform creative movements in and around the box, to allow the best positioned team mate to shoot at goal.

GLOSSARY

Pass square=passare lateralmente
Steal in=tagliare dentro
Shoot at goal=tirare in porta
To allow=permettere
To gain=guadagnare

Ex. 1 Complete the sentences below with one of the following:

[**counter attack, head, shoot, allow, square, control, to make, shield, in**]

1. My team mates have **to make** creative movements
2. Inzaghi usually steals **in**
3. When we gain possession of the ball we can **counter attack**
4. He is a good attacker, but he can't **shield** the ball
5. Pirlo always plays with **head** up
6. Messi can spin and **shoot** at goal in a second
7. They make creative movements to **allow** their team mates to receive the ball
8. After a dummy he has to **control** the ball and pass it immediately
9. Pass **square** and move forward

Ex. 2 Answer

1. According to the coach, what is a good sequence to shoot at goal?

Pass square, dummy, control, pass into the box, steal in and shoot at goal

2. Can you always make a dummy?

No, just when you are sure there isn't an opponent between the player making the dummy and the one receiving the ball

3. After a dummy what have the other players to do?

They have to make creative movements

----- Part B -----

The trebble at Inter Milan was special



Last night we met José Mourinho, the Special One in Madrid and asked him some questions.

Gaffer, a victory at Old Trafford and two wins against Barca. We can say it was a stunning week, can't we?

"Yes it was a good week with three good wins but I've had bigger, better wins.

"The best run of all was winning the three titles with Inter Milan.

"First we won the Italian Cup beating Roma in the final.

"Then we went to Siena where we won to become Italian champions. Finally we had the Champions League final in Madrid and we won it with a victory over Bayern Munich.

"Now that is what I call a special run."

It certainly was a fabulous treble .But now you are just three ties away from a third victory for you in Champions League and the 10th triumph for Los

Blancos. Are you fully focused on looking ahead to more glory instead of glancing back at what has already been done?

He said: "Maybe you can understand why I'm not over the moon because we won at Old Trafford.

"It was, of course, an important win and I know we can go on from here to win the Champions League.

"But I also know we can be out in the next round because the Champions League is full of good teams.

"So I am calm and I am cool. Focused on the next clashes"

"I never base my decisions on whether I win or not.

"I work at the top level every day thinking only about the club and never worried about myself."

If you leave Madrid in the summer, they say Chelsea will be your new club, won't they?

"If I leave Real Madrid in the summer there will be some clubs chasing my signature. Someone says I have already been linked with Chelsea, Paris Saint-Germain, AC Milan and Manchester City. Even with succeeding Alex Ferguson at Manchester United. I don't know, we will see".

Your opinion about Ryan Giggs

"Amazing is the only word to describe Ryan Giggs.

"I told him that in the tunnel before the match and the way he performed for 90 minutes at this level is simply amazing.

"You can't choose another word.

"I believe that Sir Alex has a lot of respect for Ryan and also for Paul Scholes — these boys that he's known since they were kids.

"Secondly, I believe he knows how good they still are and what they can still give to a team.

"Because a team is a mixture of ingredients and the younger ones need these personalities around them to help them grow up as players."

Do you hope your own flying winger, Ronaldo, 28, will one day emulate Giggs and Scholes?

"I am sure Cris can do it but I don't know yet if he wants to.

"That is the point with Giggs and Scholes — they still can play and they still want to play.

"I just hope for the good of football that Cris will want to as well."

And so say and hope all of us.

Glossary

Treble=tripletta	Cool=tranquillo
Gaffer=mister	Clashes=scontri
Stunning=stupefacente	Whether=se
Run=serie, sequenza	Chasing=a caccia
Ties=incontri	Linked=collegato
Focused=concentrati	Amazing=sorprendente
Ahead=avanti	Grow up=crescere
Glancing back=guardare indietro	The point with=quanto riguarda
To go on=continuare	As well=anche

Ex. 1 Complete the sentences below with one of the following:

[**dream of, emulate, makes, amazing, was, Copa del Rey, hat trick, results**]

1. It was a remarkable set of stunning **results**
2. Barcelona reached the final of the **Copa del Rey**
3. Most managers **dream of** a victory at Old Trafford
4. C.Ronaldo scored a **hat trick** against the arch-rivals Barca
5. His close friendship with Ferguson **makes** him happy
6. Ryan Giggs is **amazing**, Mourinho said
7. Messi will, one day, **emulate** Maradona
8. I have known Giovinco since he **was** a child

Ex. 2 Answer

1. According to Mourinho, what was his best run?
The three titles with Inter Milan
2. Where did Inter Milan win the Italian Title?
At Siena
3. Who were the opponents of Mourinho in the Champions League final in Madrid?
Bayern Munich

4. Was Mou over the moon when he won at Old Trafford against United?

No, he wasn't

5. Does he ever base his decisions on whether he wins or not?

No, he never bases his decisions on wins or defeats

6. What did he tell Giggs in the tunnel?

He told Giggs he was amazing

7. What is a team in Mourinho's opinion?

A mixture of ingredients

8. Why do the younger ones need these personalities around them?

To help them grow up as players

9. What does Mou hope for the good of football?

He hopes that Ronaldo will one day emulate Giggs and Scholes